IN-HOUSE SESSION · BODYLYTICS

Read the Room, in-house

A 90-minute session at your office on reading people at work

WHAT IT IS

A training session for one team, run in person by Sean Johns. Your people learn to notice how others react in meetings, interviews and client conversations, and what to do next. It is built on published research, and nobody is taught to spot liars.

WHO IT IS FOR

Teams of up to 20 who pitch, interview, negotiate or deal with clients face to face, and the managers who run their one-to-ones and hiring.

WHAT YOUR TEAM WILL DO DIFFERENTLY ON MONDAY

- Watch for a change in how someone usually behaves, before reading meaning into any one gesture.
- Use six signals that come up in meetings, pitches and negotiations, knowing what each can and can't tell them.
- Know what to say or ask in the 30 seconds after they notice one.

FORMAT

- 90 minutes, in person at your office, in English.
- Up to 20 people.
- One 20-minute call beforehand, so the examples come from your team's own work.

PRICE

Price in a written quote after a 15-minute call.

WHAT IS INCLUDED

- The session and the prep call.
- A seat on the Foundations online course for every attendee, so practice continues after the session.
- A CPD certificate for each attendee (Open CPD registration #620113).
- Each person's answers from the session, sent to them the same night.

WHO RUNS IT

Sean Johns, Human Behaviour Analyst, Keynote Speaker and Body Language Expert. He analyses world leaders on camera for the New York Post, and has twenty years of senior IT leadership behind him.

WHAT ATTENDEES SAY

"Great training breaking the myths of body language. Very skillful trainer."

Sylwia C., Trustpilot, October 2026

HOW TO BOOK

Book a 15-minute call at bodylytics.coach/contact, or reply to the email this sheet came with. Sean confirms a date and sends a written quote.